



THE MEDITATED ROSARY OF THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

The meditations are taken from the
Spiritual Diary of Elizabeth Kindelmann

Joyful Mysteries

Monday and Saturday

► The Annunciation

Grant us, Mary, by the graces of this mystery, a listening heart that responds to the call of the Lord with a loving yes joined to yours.



Mary- “I place a beam of light in your hands; it is the Flame of Love of my Heart. Add your love to this Flame and pass it on to others”
(April 13, 1962)

► The Visitation

Open our hearts, Mary, to give joyfully and without counting and in a gratuitousness of love, as you did at the Visitation.



Mary- “My little Carmelite, so many sins are committed in this country. Help me. Let us save the country.”
(April 13, 1962)

► The Birth of Jesus

Mary, tenderness of the poor, make us discover the true wealth of the Kingdom, You who lived them at the birth of Jesus.



Mary- “With this Flame full of graces that I give you from my Heart, ignite all the hearts in the entire country. Let this Flame go from heart to heart. This is the miracle becoming the blaze whose dazzling light will blind Satan.” (April 13, 1962)

► The Presentation of Jesus in the Temple

Grant us, Mary, that we may recognize the Light of God in our lives, as Simeon did recognize it at the Presentation of Jesus.



Mary- “I extend the effect of grace of the Flame of Love of my heart over all the peoples and nations, not only over those living in the Holy Mother Church, but over all the souls marked with the sign of the blessed Cross of my Divine Son.”
(September 16, 1963)

► Jesus is found in the Temple

Mary, who have welcomed in faith the mystery of the mission of your Son in the Temple, make us obedient to God's plan.



Mary- “I can no longer hold back my Flame of Love in my heart. Let it leap out into all of you... Those accepting the Flame of Love will be intoxicated by the abundance of graces and they will proclaim everywhere, as I said before, that such a torrent of grace has never been granted since the Word became Flesh.” (November 7, 1963)

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Luminous Mysteries Thursday

► The Baptism in the Jordan

O Mary, who kept everything in your Heart, make us attentive to God's presence and grateful for the privileged grace of our baptism.



Jesus- “Look at Me. Always look into My eyes because in this new battle that Satan wants to wage against you, the look of My eyes will blind him.” (January 14, 1963)

► The Wedding at Cana

O Mary, Virgin of Cana, ask Jesus to change our hearts so that we may live ever more in the great freedom of God's children.



Mary- “Throughout the day, you should offer me your daily chores for the glory of God. Such offering, made in a state of grace, also contributes to blind Satan.”
(November 30, 1962)

► The Proclamation of the Kingdom

By your unceasing prayer, Mary, obtain for us to be authentic witnesses of the Good News of Jesus Christ.



Jesus- “Speech is a gift of God and one day, we must give an account of our words. Through words, souls communicate with one another. Also through words, people get to know us.” (July 26, 1971)

► The Transfiguration of Jesus

May our lives be transformed by the Holy Spirit, and may Your Flame of Love, Mary, warm our hearts of children.



Mary- “Sacrifice and prayer! These are your instruments. The goal is to bring about the powerful work of Salvation. Oh, if your desires reach the throne of the heavenly Father, the results will be abundant.” (July 22, 1963)

► The Institution of the Holy Eucharist

O Mary, Virgin of Contemplation, help us to increase our intimacy with Jesus in the Eucharist, the Bread of Life of every day.

Mary- “The participation in the Holy Mass is what helps the most to blind Satan. Tormented and breathing out terrible vengeance, he wages a ferocious battle for souls since he feels the impending coming of his blindness.” (November 22, 1962)



Sorrowful Mysteries

Tuesday and Friday

► The Agony in the Garden

"My Father, if it is possible, let this cup pass Me by, nevertheless, let it be as you, not I, would have it." With You, Mary, may it become our prayer in our trials.



Jesus- "My table is always set. I, the Master, have sacrificed everything. I give Myself."

(January 16, 1964)

► The Scourging at the Pillar

May our suffering, united to the scourging of Jesus, become a prayer of offering to the world, with You, Mary.



Jesus- "After receiving My Precious Blood, examine your souls and become aware of the exhilaration that the power of My Precious Blood brings about in you. Do not be so insensitive. Let not routine lead you to my holy table, but rather the fervor of sacrificial charity, which ignites through contact with My love. Through Me – inasmuch as you remain united to Me – it will burn sin out of your souls."

(January 16, 1964)

► The Crowning with Thorns

May the thorns of our heart make the garden of our life blossom in faith with You, Mary.



Jesus- "With all the love of your heart, immerse yourself in My sorrowful Passion. When you arise in the morning, recall what was awaiting Me the entire day after the terrible torments of that night."

(April 10, 1962)

► Jesus Carries the Cross

May our daily cross be enlightened by the sorrowful Cross of Jesus, which has become glorious by His Resurrection.



Jesus- "During your daily tasks, you do not even think of Me within your souls. This hurts Me and I suffer so much. When you say: 'Lord, I am not worthy that You enter my house...' do not turn your back on Me, make yourselves worthy and dispose your hearts for constant union with Me."

(April 17, 1962)

► The Crucifixion

May the loving words uttered by Jesus on the Cross become seeds of life, love and forgiveness in all the hearts.



Jesus- "You see why I say, 'Do not leave Me alone!' Let Me give you abundant graces which are stored up in the immeasurable love of My Heart."

(February 10, 1963)

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Glorious Mysteries

Wednesday and Sunday

► The Resurrection of Jesus

Through the power of Your Resurrection, grant us Lord the taste of life, and reach out to those who have lost its meaning.



Mary- "When those persons consecrated to God and the faithful keep the Monday fast, they will free a multitude of souls from purgatory each time they receive Communion during that week, at the very moment they receive the Holy Body of Our Lord Jesus Christ."

(August 15, 1980)

► The Ascension of Our Lord

"Why are you standing here looking into the sky?" "Go out proclaim the Good News." May we become, o Lord, authentic witnesses of Your Resurrection.



Jesus- "The Church and the whole world is in grave danger. Even with your strength, you cannot change this situation. The Most Holy Trinity alone can help you, through the concerted intercession of the Most Blessed Virgin, all the angels, all the saints, and those souls whom you have freed from purgatory."

(August 15, 1980)

► The Descent of the Holy Spirit

Send forth Your Spirit, Lord, and give us the audacity of Your true disciples.



Jesus- "The Spirit of Love quite comparable to the first Pentecost, flooding the earth with its power. That will be the great miracle drawing the attention of all humanity. All that is the effusion of the effect of grace of the Blessed Virgin's Flame of Love."

(March 24, 1963)

► The Assumption of Mary into Heaven



"I am the Resurrection and the Life." May these words, Mary, maintain us in the hope and the certainty of an eternal tomorrow.

Mary- "Therefore, we have no right to wrap ourselves in silence but we also must remember that

we are responsible for every spoken word. Therefore, we should walk and live in God's presence, pondering each word that we say. Our Father gave the gift of speech and you must make use of your gift. Do not be afraid to speak!" (July 26, 1971)

► The Coronation of Mary in Heaven

O Mary, crowned in glory, kindle us continually by the Flame of Love of Your Immaculate Heart.



Mary- "I grant to all the grace to see the results of their labors on behalf of my Flame of Love in each soul, in your country and in the entire world. You, who are laboring and making sacrifices for the prompt outpouring of my Flame of Love, you are going to get to see it." (July 11, 1975)

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Petition requested by the Virgin Mary

Through Elizabeth Kindelmann, the messenger of the Flame of Love, The Virgin Mary is asking us to include in the Hail Mary the Flame of Love supplication by which Satan is blinded:

Hail Mary, full of Grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF HUMANITY, now and at the hour of our death. Amen.